

# May's Value



Our value of the month is:

## Courage

### What does Courage mean?

Courage is being able to do something that frightens you and showing that you are brave.

For example:

If you are worried about taking a test, you show courage by putting those feelings aside and being brave by trying your best because that is all that you can do, try your best.



### Activities for Courage:

- Create your own poster for the value *Courage*. Get creative!
- Make a list of all the times you have shown courage. How many can you think of?
- Talk with your family about what courage means. Can your family members name times they have shown courage?
- Create your own definition for the word 'Courage'.

Add your work to Purple Mash to show your Teachers and friends.